

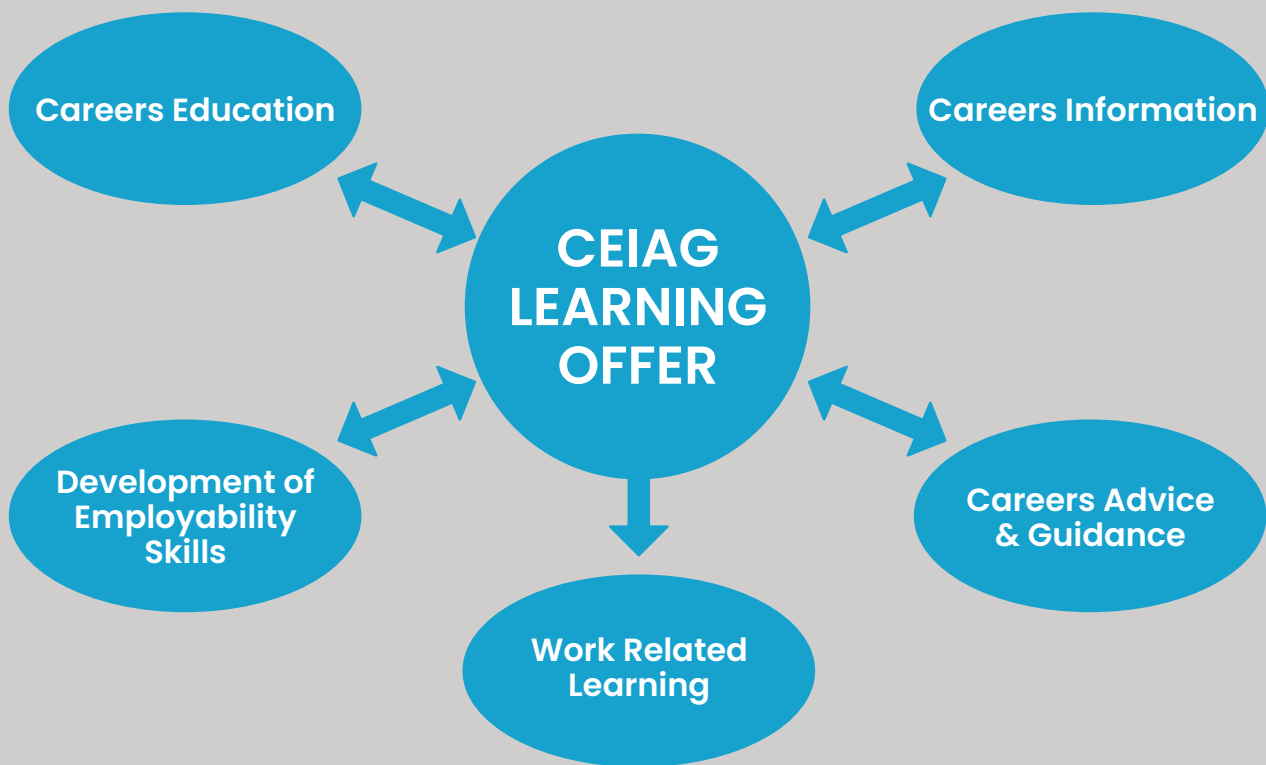
Enrichment Programme

Overview

The aim of Careers Education, Information, Advice and Guidance (CEIAG) is to enable you to become an effective career decision maker and to equip you with the skills to manage your own career development successfully and confidently.

Through the activities you carry out, you will get to know your strengths, interests, values, hopes and aspirations. You will also be given opportunities to consider how these can influence your future lifestyle, education and employment opportunities.

Careers lessons will incorporate the following key elements:



.....and will focus on three key areas:

Self-Awareness and Development - identifying, assessing and developing the skills and qualities necessary to choose and implement an appropriate career plan.

Career Exploration - acquiring and evaluating information, and reviewing experiences to identify and investigate appropriate career pathways and learning opportunities in education, training and employment, locally, nationally and internationally.

Career Management - developing skills in career planning, and employing effective career decision-making strategies to manage transition and make suitable career development choices, with the appropriate support, advice and guidance.

The Careers Department is equipped with a wide range of resources to assist you with your career exploration and planning. You will attend University Open Days, UCAS convention, and listen to a range of talks from employers and past pupils. You will also have the opportunity to participate in work experience.



Overview

In Sixth Form, you are encouraged to take part in Physical Education on a Wednesday afternoon. A wide range of activities is on offer and these take the form of many leisure activities, with which YOU can continue when they leave school.

Activities on offer include (You will choose 2 or 3 of these sports)

- Leisure Activities 1 (Badminton , Pool , Table Tennis)
- Leisure Activities 2 (Rounders, American Football, Volleyball)
- Swimming (at the local Leisure Centre)
- Squash (at the local Leisure Centre)
- Fitness Suite (at the Planet Pulse Gym in Kilkeel Leisure Centre)
- Power –Walking
- Hockey
- Football
- Basketball

Everyone will take part in Fitness Tests, Cross-country, House Matches & Athletics during the course of the year.

PSNI TRAFFIC BRANCH PRESENTATION

Overview

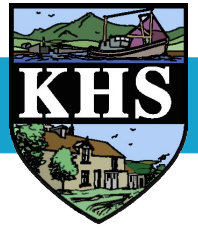
This is aimed at new drivers in order to give awareness to road safety, the risks involved in driving and how to avoid them.

MILLENNIUM VOLUNTEERS

Overview

You can volunteer in the community and become involved with the Millennium Volunteers' Scheme run by the school in association with their staff.

MV is all about getting you recognition for your volunteering - you get certificates backed by the Department of Education after you complete your first 50, 100 and 200 hours of volunteering. You can then use these when updating your CV or filling out job or UCAS applications to make yourself stand out.



Overview

Our school operates a system whereby members of L6 can gain invaluable experience by volunteering to support pupils in other classes for one period per week. This can be a great addition to any personal statement, especially those considering employment involving working with young people, teaching, social work, nursing or those who just need a little more evidence of their personal qualities. Mrs McGregor co-ordinates this scheme.

